

# **ABOUT ME**

I am a leading Wellness Coach in Malaysia's yoga industry, known for my passion, positivity, and innovative approach. I specialize in creative yoga practices for women and corporate leaders, helping them lead healthier lives and enhance productivity by nurturing their body, mind, and soul. My goal is to empower others through yoga while building a successful career.

# CONTACT ME



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Desa Park City, Kuala Lumpur, Malaysia

# ANNIE WONG

- Certified Yoga Trainer
- Certified Corporate Wellness Trainer
- Wellness Practitioner of Mandarin Oriental Hotel Kuala Lumpur
- Certified Women's Holistic Health Coach

# HIGHER EDUCATION

# SAN FRANCISCO STATE UNIVERSITY, USA

Bachelor of Science in Apparel Design & Merchandising, 2010

## INSTITUT FRANÇAIS DE LA MODE, PARIS, FRANCE

Certificate: The Business of Fashion in France, 2010

# **MULTI-LANGUAGE**

- English
- Bahasa Malaysia
- Mandarin
- Basic French
- Cantonese
- Basic Korean

## PROFESSIONAL YOGA TRAINING

### YOGAWORKS, NEW YORK CITY, USA

200Hr Intensive Yoga Teacher Training, 2017 Pregnancy Yoga Teacher Training, 2023 Meditation & Breathwork Teacher Training, 2023

# **PURE YOGA, SHANGHAI, CHINA**

Family & Kids Yoga Teacher Training, 2018 Toddler & Pre-Schooler Yoga Teacher Training, 2018 Pre-Teen Yoga Teacher Training, 2018

## TEACHING EXPERIENCE

### **NEW YORK YOGA WELLNESS**

Founder of New York Yoga Wellness Started in 2019, based in Kuala Lumpur, Malaysia

### MINISTRY OF HUMAN RESOURCES MALAYSIA

Certified Corporate Trainer of HRD Corp, 2022 (Serial No: 202103048376)

